

Spofforth CE Primary School – PE LTP Overview

		Cycle A - 2015-2016									Cycle B 2016-2017								
Year Grp	Class	Autumn			Spring			Summer			Autumn			Spring			Summer		
		Unit	Learning Focus	Assessment focus	Unit	Learning Focus	Assessment focus	Unit	Learning Focus	Assessment focus	Unit	Learning Focus	Assessment focus	Unit	Learning Focus	Assessment focus	Unit	Learning Focus	Assessment focus
Reception	1	Sticky kids - farm song - dance Invasion games Pumpkin hammering, making spiders	Linking movements Co-ordination Passing an object Aiming	Moving in different ways	Football/net and wall games OAA Gymnastics	Co-ordination Communications Balance	Accuracy Control Balance	Maypole Athletics Sports day races	Travelling Control	Linking movements Using equipment	Sticky kids - farm song - dance Invasion games Pumpkin hammering, making spiders	Linking movements Co-ordination	Moving in different ways Passing an object Aiming	Football/net and wall games OAA Gymnastics	Co-ordination Communications Balance	Accuracy Control Balance	Maypole Athletics Sports day races	Travelling Control	Linking movements Using equipment
Year 1	2	Gymnastics Movement / physical literacy	Fluency of movements Travelling	Fluency Balances Moving in different ways.	Net and wall games	Communication Co-ordination Sending	Aiming Accuracy	Athletics Striking and fielding	Endurance Fluency Agility	Fluidity of movements Position Control	Invasion games Dance	Agility Communication Planning	Control Accuracy Attacking	Gymnastics OAA Control and accuracy	Linking movements Balance	Fluency Travelling in different ways	Athletics Striking and fielding	Distance Fluency Agility	Pace Aiming
Year 2		Invasion	Communication	Passing	Dance	Balance	Application	Athletics	Co	Aiming	Invasion	Planning	Strategies	Dance	Travelling	Consistency	Athletics	Fluency	Travelling

	3	games Gymnastics	ion Linking movements	techniques Accuracy	Swimming	Travelling	of physical skills Pace	Striking and fielding	ordination Fluency	Accuracy Pace Control	games Gymnastics	Position Agility Balance	Direction Balances Changing speed level and direction	Swimming	Control Transfer of skills	and control Changing speed, level and direction.	Striking and fielding	Agility Aim	with equipment Changing direction
Year 4	4		Co ordination	Balances Moving in different ways		Control	Fluidity of movements		Agility										
Year 5	5	Invasion games Dance	Agility Dynamic balance Co ordination	Explosive starts Aiming accurately at targets Passing with a range of techniques	Gymnastics OAA	Balancing Rolling Partner work communication	Devising strategies Marking Attacking	Athletics Striking and fielding games	Co ordination Fluency Agility	Aiming Receiving Body position	Dance Invasion games	Balance travelling control accuracy	Moving in different ways Sequencing body movements with breathing Performing a sequence of movements Evaluation Pace	Gymnastics Net and wall games	Evaluation Balance Hitting with control and accuracy	Application of physical skills Balances Different types of rolls Hitting with control and accuracy	Athletics OAA	Co ordination Agility Communication Planning	Receiving/s ending with a variety of techniques. Consistency and control Planning considering safety
Year 6																			

*OAA - Outdoor and Adventurous Activity - (team building games, orienteering, climbing)