

## Sun Safety at School

It is always a good idea to apply sun cream before your child comes to school.

You should encourage your child to bring and wear a hat at school, particularly on sports days and on school trips. You may also wish your child to wear longer sleeved shirts and longer shorts when outdoors. The school will remind parents of the sun safety policy from time to time, particularly around the start of the summer term, sports days, and outings.

Dermatologists recommend that a sunscreen with a sun protection factor (SPF) of 15 or above will provide children in this country with adequate protection. If a pupil is to use sunscreen at school, parents are asked to provide a bottle clearly marked with the child's name which should be replenished by the parent as needed. Please note that the school does not permit the use of aerosol sprays. If your child has any allergies or skin sensitivities you may want to check with your GP before providing a sunscreen.

The child must be able to apply his or her own sunscreen (except Nursery and Reception children; see below for consent slip).

**For Nursery and Reception parents:** You are asked to apply sunscreen at home before a typical school day and this will be re-applied as necessary by staff. If it is considered necessary for teachers/staff to assist with the application of sunscreen, this will only be applied to face, neck, arms, hands and lower legs. Please indicate below whether you are happy for approved teaching or support staff to apply sun block and return the slip to the EYFS staff along with the sun cream.

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### RECEPTION & NURSERY CHILDREN: APPLICATION OF SUN SCREEN CREAM

I give my permission for staff to apply sun screen cream if deemed necessary.

Child's name .....

Signed ..... (Parent / Carer)